

## Mom

### Season 1: Episode 1: "Pilot"

**Summary:** Newly single sober mother, Christy, attempts to get her life together but finds it a challenge when her estranged mother, Bonnie, comes back into her life.

1. **good call:** sports idiom used to express approval of a person's decision
2. **"having a nervous breakdown":** suffering a period of intense mental distress
3. **"I owe you (one)":** said to indicate that you will do something in the future for someone who helped you
4. **role model:** someone who is admired and imitated by others
5. **cavity search:** An inspection of the rectum or vagina, carried out by law enforcement when searching for hidden drugs or weapons
6. **clean/sober:** When an individual who was addicted to or abused alcohol/drugs abstains from any use of those substances and is living a life in recovery
7. **thrifty:** showing a careful use of money, especially by avoiding waste
8. **Xanax:** a medication that is used for conditions such as anxiety and depression
9. **"cooking meth":** making methamphetamine, a highly addictive stimulant that affects the central nervous system
10. **"six months behind on child support":** late with scheduled, court-ordered payment from one parent to another for the financial benefit of a child following the end of a marriage or other relationship
11. **kush/pot/grass:** A common 'street' drug that comes from the marijuana plant; kush is one type of marijuana strain
12. **drug test:** a chemical test of a person's blood/urine for evidence of illegal drugs



Christy and her mom, Bonnie, speaking for the first time in years.



13. **“today was a blast”** (sarcastic): a way of saying the day was very enjoyable
14. **“wipe the slate clean and start over”**: forgive or forget past faults or offenses; make a fresh start.

**American Culture: Alcoholics Anonymous (AA)**

Alcoholics Anonymous (AA) is an international mutual aid fellowship with the stated purpose of enabling its members to 'stay sober and help other alcoholics achieve sobriety.' AA is nonprofessional, self-supporting, and apolitical. Its only membership requirement is a desire to stop drinking. The AA program of recovery is set forth in the Twelve Steps.

[https://en.wikipedia.org/wiki/Alcoholics\\_Anonymous](https://en.wikipedia.org/wiki/Alcoholics_Anonymous)

A twelve-step program is a set of guiding principles outlining a course of action for recovery from addiction, compulsion, or other behavioral problems. Originally proposed by Alcoholics Anonymous (AA) as a method of recovery from alcoholism ... The method was adapted and became the foundation of other twelve-step programs. [https://en.wikipedia.org/wiki/Twelve-step\\_program](https://en.wikipedia.org/wiki/Twelve-step_program)

"A lot of 'Twelve Step' jargon blatantly suggests that Alcoholics Anonymous is of a Christian ethos. Historically, its program is a fleshed out version of that of the Oxford Group, a World War II-era Christian sect led by a minister named Frank Buchman that sought to cure various vices through the 'five C's': confidence, confession, conviction, conversion, and continuance; and the 'four absolutes': absolute honesty, absolute purity, absolute unselfishness, and absolute love. The earliest AA meetings were specialized Oxford Group meetings for alcoholics. Its fundamentally Christian nature is further confirmed by the fact that meetings usually end with the Lord's Prayer and the earliest AA literature states that the group's accommodation of atheists and agnostics primarily serves the purpose of helping them find Jesus." [https://rationalwiki.org/wiki/Alcoholics\\_Anonymous](https://rationalwiki.org/wiki/Alcoholics_Anonymous)

**Comprehension Questions:** *Answer the following questions based on Episode 1*

*What is the meeting that Christy attends?*

*Why does Christy not want a relationship with her mom?*

*What are the names of Christy's mom, daughter, son, and ex?*

*What does Bonnie tell Christy regarding Violet at the end of the episode?*